

WEEKLY

NEWSLETTER



Sunday 15 February	9.30 am	Traditional Communion, St. Greg's
Sunday 15 February	11.00 am	Contemporary All-In Service, St. Greg's
Ash Wednesday 18/2	11.00 am	Holy Communion, St. Greg's
Ash Wednesday 18/2	7.30 pm	Penitential Service of the Word, All Saints
Thursday 19 February	10.00 am	Kettle & Fish, Suffolk Road Church
Thursday 19 February	2.30 pm	St. Greg's Fellowship, Christopher Centre
Thursday 19 February	6.00 pm	Meditation, St. Greg's
Friday 20 February	-----	NO ALPHA COURSE THIS WEEK
Saturday 21 February	8.00 am	Prayer Breakfast, Sudbury Baptist Church
Sunday 22 February	10.00 am	Holy Communion, St. Greg's

Can you help Sue Attride on the 1st Wednesday morning of every month for ½ an hour when she visits Catchpole Court. Help with pressing "play" on the music system for hymns along with general support. Please do read Sue's personal plea on page 2 or speak to her in person.

TODAY

Last Sunday after the Epiphany/Transfiguration Sunday

First Reading
Exodus 24: 12-18
Second Reading
Matthew 17: 1-9

Children's work:
Contemporary All-In Service 11.00 am
Creche in the North Aisle

QR code to give to the work of the church



Contacts

Church Administrator
Claire Walker
parishsecretary@stgregspcc.uk
07776955306

Andrew and Claire are not available this week at
The Rectory

Claire's on Annual Leave 16-21st Feb & Andrew 19th - 23rd Feb

All contributions for the Newsletter to be received by
Thursday at 9am
email
stgregsnewsletter@gmail.com

Prayer Breakfasts: 8-9.30 am

Upcoming: **14th February** Suffolk Road Church for a light breakfast, a time of fellowship and a time for prayer. Do join us if you can. You will be most welcome, whether you have never been before, or have not been for a couple of years, or are a regular! Next: **21st February** Sudbury Baptist Church & more dates [here](#).

St Gregory's Fellowship Programme
THIS WEEK **February 19:** The Work of Citizens' Advice Bureau with Helen Arbon. The Fellowship meets on the 3rd Thursday of the Month in the Commonlands Room (Ground Floor) at the Christopher Centre, Gainsborough Street, Sudbury. Meetings start at 2.30pm. Subscription £3.50 per meeting, includes Tea/Coffee & Biscuits

March 19: The Boxford Butcher with Alan Leeder

April 16 – Fire Safety in the Home – Suffolk Fire Service

Graham Gilbert is taking part in the [Sudbury Fun Run](#) on Good Friday, 3rd April in aid of The Men's Shed. If you wish to sponsor, please speak with him. Thank you.

Dates for 2026: Open Church Tuesday begins 31 March / Beginning of Holy Week 30 March / Maundy Thursday Supper 2 April 6pm Baptist Church & Service 7.30 pm All Saints Church / Bell Sunday 17 May / Simon of Sudbury Weekend 13-14 June / Rectory Garden Party 5 July 3pm / Harvest Sunday & Harvest Lunch 20 September / Children's Light Party 30 October / Christmas Through the Key Hole 25-28 November

Kettle and Fish

We will be serving the same delicious food and friendly welcome as always, 10am to 1.30pm at Suffolk Road Church, next to Aldi. Next dates: **19th & 26th February**. Great food, an opportunity to chat, & always someone on hand for a conversation about the Christian faith or to pray with you.

Ash Wednesday 18 February services 11am Holy Communion St Gregory's & 7:30 pm Penitential service of the Word at All Saints.

Do you have a good quality **photo of Simon's Head** and are willing to share it re Simon merchandise? If so, thank you, and please email a copy to mandyhgtturner@gmail.com

Sudbury Fairtrade Steering Group Thursday 26/2 at 7.30pm in St John's Methodist Church. All welcome. Info 07447091182 ruthkridge@gmail.com

Clergy Chapter have agreed to propose a motion at the next Deanery Synod to require the Diocese to debate Slavery Reparations in light of its impact at parish level nationally.

Joint **Maundy Thursday Fish n Chip Supper** sign-up sheet at back of Church, if you would like to attend.

At a recent Ministry Team meeting we spoke of the pastoral visits that are made by St. Gregory's Church folk to our local care and residential homes. Bearing in mind the plea on the front page of this newsletter re help for Sue on the 1st Wednesday morning of every month, we thought it would be nice to share with you the positivity that these visits give. Our visitors (namely Andrew Doarks and Sue Attride; so you can see why we need at least one more!!) are always greeted with a warm welcome when they arrive at St. Joseph's, William Woodhouse or Catchpole Court. There is always much happiness in these visits, along with singing and some wonderful recollections on behalf of some of the Dementia sufferers. Singing is said to be one of the most profound memory recallers there is. Sue told us that even though the folk have a printed order of service, by the end of reciting The Lord's Prayer, confidence in memory recall of these heartfelt words, is super to see. The folk recognise us, look out for us and look forward to us visiting. For some residents, we are the only outside visits they get to enjoy. This is a lovely way of sharing God's love far and wide within our community. One of the homes even generously gives a small donation to St. Gregory's Church on each visit. How nice is that!